



Body & Beauty Retreat

Specialities

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Clayfield College Sports Complex
Cnr Sandgate & Wagner Roads
Clayfield QLD 4011

Postal: P.O. Box 302, Clayfield 4011

Tel: 07 3262 6681 | Fax: 07 3862 2338



Specialties



TechniSPA

Exclusive to Body & Beauty Retreat, the TechniSPA is a scientifically proven treatment designed to work on a cellular level to help dissolve cellulite and tone the body.

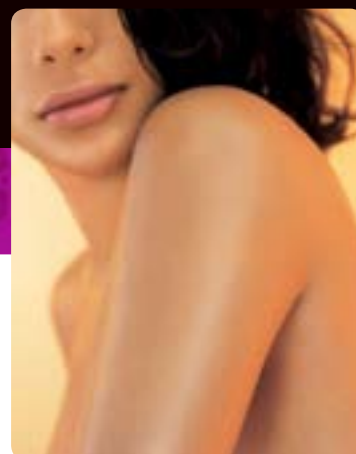
This revolutionary treatment uses three actions; (1) a vacuum action that allows lymphatic drainage and subdermal massage, encouraging firmer, healthier cells; (2) a biological action which lets the active ingredients help work at cellular level to dissolve cellulite and firm/lift skin; and (3) a muscular action that stimulates the muscles, drains fat deposits, firms tissues, and stimulates oxygen flow to the blood, while an alternating micro-current transmitted through the rollers stimulates muscle contractions.

For visible results, a 12-treatment course is recommended. An effectiveness test conducted in the Metrology Department of R and D Laboratory showed a 35 percent increase in thigh skin firmness and a reduction of 3.4 cm in the measurement of thigh circumference after 12 treatments. Measurements show the skin is significantly smoother, increasingly even and the cellulite “orange-peel” appearance is clearly diminished. Lipo-dermo-sculpting has no unpleasant side effects like prickling, tightness, itching, redness, or bruising that can be experienced during or after treatment.

1 hour - \$130.00

12 treatments in 6 weeks - \$1300 (2 free)

Specialties



Microdermabrasion

Microdermabrasion uses an air-powered flow of fine corundum crystals to exfoliate the outer, pigmented dead skin leaving fresh, glowing new skin.

The process is fast, non-invasive and is proven to be the most thorough exfoliation treatment available. Microdermabrasion is effective in treating fine lines and wrinkles, sun damaged skin, enlarged pores, blackheads/whiteheads, superficial age spots and uneven complexion.

Face only	\$85
Face and neck	\$115
Face, neck and décolleté	\$130
Hands	\$55
Add to any facial (Face only)	\$60

Speciality Microdermabrasion Treatments

New Yorker Plus

The New Yorker partners microdermabrasion, AHA skin peel, masks and Omnilux Red Light Therapy to produce fresh, plump and vibrant looking skin. The combination of lymphatic massage and exfoliation assist cell turnover and improves blood flow. The Omnilux Red Light Therapy will noticeably improve the skin's condition following just one treatment.

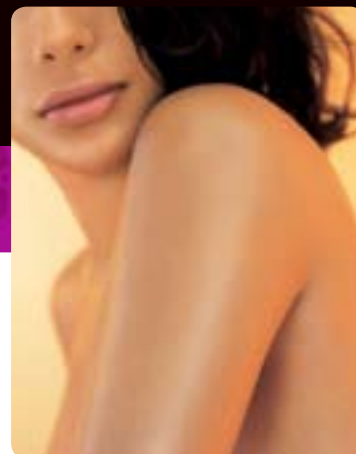
75 mins - \$170

Designer Duo

This is a revolutionary combination that consists of 3 skin peels combined with 3 microdermabrasion treatments. The treatment commences with the peels which work to dissolve the "glue" that keep dead skin cells adhered to the skin. The peels are followed by a series of microdermabrasions which stimulate a micro reaction removing the dead skin and stimulating blood flow and oxygen to the surface of the skin. This treatment is perfect for oily skin or lifeless looking skin.

60 mins - \$300

Specialties



Microdermabrasion Omnilux Red Light Therapy Combination

This skin rescue treatment is dedicated to reviving fatigued faces by increasing circulation while stimulating the production of natural collagen. The treatment commences with microdermabrasion which works away dead skin cells to reveal fresh, youthful skin. Omnilux Red Light Therapy then smoothes away wrinkles and increases collagen. The result of this combination is fresh, smooth skin.

60 mins - \$150

Omnilux Red Light Therapy

Medically proven to stimulate collagen production, Omnilux Red Light Therapy significantly improves skin tone, texture and fine lines by helping to plump the skin naturally. Unlike some anti-ageing treatments that work as a result of the body's response to damage, Omnilux Red Light Therapy stimulates the natural processes to rejuvenate the skin. Omnilux Red Light Therapy invigorates cells involved in the repair of the skin and increases blood flow. This treatment is effective in enhancing and improving other skin treatments including microdermabrasion, facial peels and laser and Intense Pulsed Light (IPL) therapy. Omnilux can also be used in conjunction with regular facial treatments, injections and fillers to help maintain the effect of the treatment.

Pure Light Program

A quick pick me up. The Pure Light Program will improve skin tone, texture and plump the skin. This treatment is the perfect way to revitalize tired, fatigued looking skin.

30 min - \$130

Omnilux Red Light Therapy Package of 3

A pack of three Omnilux Red Light Therapy treatments is the ideal treatment to eliminate fine lines, wrinkles and plump the skin – leaving the face looking revived and alive.

30 min - \$300

Specialties



Look Years Younger in 6 weeks

This exclusive signature lamp and facial program includes 9 light treatments and three designer facial skin peels. This treatment works with the body's own natural processes to counteract the effects of ageing. The effects take clients back in time – fine lines and wrinkles are reduced, skin tone and pigmentation is evened out and the effects of pollution, sun exposure and stress are stripped away.

30 min x 12 treatments - \$999

Intense Pulsed Light (LHE)

Body & Beauty Retreat's Intense Pulsed Light treatment uses the healing properties of Light Heat Exchange (LHE) to treat medical or aesthetic conditions. This is a non-invasive, clinically proven treatment that will improve:

- Photo and skin rejuvenation: fades out pigmented lesions, smoothes fine lines and wrinkles and stimulates collagen renewal. This treatment will significantly improve skin conditions such as sun damage, signs of ageing, brown spots, pigmentation and red facial veins.
- Acne Clearance: clinic trials have provided evidence that LHE can provide up to 90% acne clearance after only 4 weeks
- Psoriasis: provides almost immediate relief from psoriasis eliminating the need for invasive treatments or medication
- Permanent hair reduction: safely, quickly and efficiently removes hair from all parts of the body (excluding eyebrows)

Starting from – 3 flashes – \$55

IPL treatment packages are based on consultation.

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Diamond Bimesosculpture Matrix Therapy

The Diamond medi-lift is a rejuvenating treatment that stimulates muscle tone and tightens the skin. Based on the ancient Chinese cupping method, this treatment exercises the muscles, stimulates circulation, and brings nutrients to the top layers of the skin. This method detoxifies the skin through lymphatic drainage and removes toxic buildups. This treatment can also be used on thighs, hips, buttock and stomach areas. This treatment feels like an intensive massage, it will make you feel as good as you look.

Diamond Bimesosculpture Matrix Therapy treatments are based on consultation and include:

- Face biomesolift
- Brow lift
- Facial rejuvenation
- Eye treatment
- Chin and jawline lift
- Mini lift
- Neck lift



Before



After



Before



After



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